

South Coast Conference Championships - 10/31/2009
Legg Lake, Whittier
Rankings

Event 2 Men 4 Mile Run CC

| Name | Year School | Finals | Points |
|----------------------------|---------------|----------|--------|
| 1 David, Cardona | El Camino | 20:27.00 | 1 |
| 2 DeAlba, Pedro | LA Trade Tech | 20:30.00 | 2 |
| 3 Lezama, Jose | El Camino | 20:47.00 | 3 |
| 4 Rivera, Chris | Mt. Sac | 20:48.00 | 4 |
| 5 Zapien, Jason | Cerritos | 21:05.00 | 5 |
| 6 Whitesitt, Sean | Mt. Sac | 21:11.00 | 6 |
| 7 Enomoto, Rio | El Camino | 21:27.00 | 7 |
| 8 Schwab, Patrick | Cerritos | 21:29.00 | 8 |
| 9 Cruz, Gustavo | Mt. Sac | 21:32.00 | 9 |
| 10 Martinez, Gilberto | LA Trade Tech | 21:35.00 | 10 |
| 11 Bianchi, Joey | El Camino | 21:40.00 | 11 |
| 12 Diaz, Adrian | Mt. Sac | 21:45.00 | 12 |
| 13 Hilbert, Gabriel | Cerritos | 21:45.01 | 13 |
| 14 Zavala, Andres | Mt. Sac | 21:46.00 | 14 |
| 15 Ebel, Thomas | Mt. Sac | 21:49.00 | 15 |
| 16 Zentmyer, Wil | Pasadena | 21:54.00 | 16 |
| 17 Kisner, Benjamin | Mt. Sac | 21:58.00 | 17 |
| 18 Martinez, Johnathan | Cerritos | 22:03.00 | 18 |
| 19 Youngblood, Christopher | LA Trade Tech | 22:04.00 | 19 |
| 20 Aguirre, Angel | Cerritos | 22:04.01 | 20 |
| 21 Garcia, Damian | LA Trade Tech | 22:05.00 | 21 |
| 22 Rodriguez, Ernesto | Pasadena | 22:06.00 | 22 |
| 23 Duffin, Jimi | El Camino | 22:09.00 | 23 |
| 24 Dominguez, Rafael | Mt. Sac | 22:17.00 | |
| 25 Bogda, Kyle | Cerritos | 22:22.00 | 24 |
| 26 Rodriguez, Edwin | Long Beach | 22:23.00 | 25 |
| 27 Bailey, Torion | Cerritos | 22:28.00 | 26 |
| 28 Kelly, Russell | Cerritos | 22:29.00 | |
| 29 Noro, Ryan | El Camino | 22:32.00 | 27 |
| 30 Ramos, Javier | Long Beach | 22:33.00 | 28 |
| 31 Santana, Robbie | Mt. Sac | 22:40.00 | |
| 32 O'Rourke, Patrick | El Camino | 22:47.00 | 29 |
| 33 Nay, Paul | Mt. Sac | 22:48.00 | |
| 34 Cano, Kevin | Pasadena | 22:52.00 | 30 |
| 35 Sanchez, Christian | Mt. Sac | 22:59.00 | |
| 36 Curran, Doug | Long Beach | 23:01.00 | 31 |
| 37 Jiminez, Thomas | Cerritos | 23:02.00 | |
| 38 Lopez, Noah | El Camino | 23:02.01 | |
| 39 Farrugia, David | Long Beach | 23:05.00 | 32 |
| 40 Eastly, Alex | Long Beach | 23:06.00 | 33 |
| 41 Quintana, Chad | El Camino | 23:09.00 | |
| 42 Wagenbach, Alan | LA Trade Tech | 23:12.00 | 34 |
| 43 Santamaria, Carlos | Cerritos | 23:19.00 | |
| 44 Brewer, Charles | Long Beach | 23:21.00 | 35 |
| 45 Bassera, Noel | East LA | 23:22.00 | 36 |
| 46 Gardea, Ceasar | Cerritos | 23:24.00 | |
| 47 Amador, Jose | Cerritos | 23:27.00 | |
| 48 Cardona, Johnathan | LA Trade Tech | 23:27.01 | 37 |
| 49 Zarazua, Richard | Pasadena | 23:30.00 | 38 |
| 50 Alvarado, Jesus | LA Trade Tech | 23:31.00 | 39 |
| 51 Barrantes, Antero | Pasadena | 23:37.00 | 40 |
| 52 Arambula, Adam | Cerritos | 23:45.00 | |

South Coast Conference Championships - 10/31/2009**Legg Lake, Whittier****Rankings****....Event 2 Men 4 Mile Run CC**

| | | | | | | | | |
|--------------|------------|----|----|----|----|----|----|----|
| 6 Long Beach | 149 | 25 | 28 | 31 | 32 | 33 | 35 | 44 |
| Total Time: | 1:54:08.00 | | | | | | | |
| Average: | 22:49.60 | | | | | | | |
| 7 East LA | 216 | 36 | 42 | 45 | 46 | 47 | | |
| Total Time: | 2:17:20.00 | | | | | | | |
| Average: | 27:28.00 | | | | | | | |

South Coast Conference Championships - 10/31/2009**Legg Lake, Whittier****Rankings****Event 1 Women 5k Run CC**

| Name | Year School | Finals | Points |
|---------------------------|---------------|----------|--------|
| 1 Moreno, Lenore | Mt. Sac | 18:39.00 | 1 |
| 2 Celaya, Mallory | Mt. Sac | 18:43.00 | 2 |
| 3 Van Der Wyk, Tracee | Pasadena | 18:49.00 | 3 |
| 4 Hernandez, Maritza | LA Trade Tech | 18:55.00 | 4 |
| 5 Ruiz, Evelyne | Mt. Sac | 19:51.00 | 5 |
| 6 Mercado, Liliana | LA Trade Tech | 19:57.00 | 6 |
| 7 Lopez, Jazmin | Mt. Sac | 20:02.00 | 7 |
| 8 Hernandez, Betty | Mt. Sac | 20:03.00 | 8 |
| 9 Sandoval, Erica | Cerritos | 20:04.00 | 9 |
| 10 Flores, Sandra | Cerritos | 20:08.00 | 10 |
| 11 Caracoza, Rebecca | El Camino | 20:15.00 | 11 |
| 12 Rincon, Emilia | Mt. Sac | 20:22.00 | 12 |
| 13 Perez, Virginia | LA Trade Tech | 20:23.00 | 13 |
| 14 Abrigo, Rachelle | Mt. Sac | 20:26.00 | 14 |
| 15 Lopez, Carley | Long Beach | 20:30.00 | 15 |
| 16 Ponce, Carla | LA Trade Tech | 20:33.00 | 16 |
| 17 Moreno, Rosalia | Mt. Sac | 20:34.00 | |
| 18 Jimenez, Michelle | Mt. Sac | 20:39.00 | |
| 19 Garcia, Lidia | Pasadena | 20:45.00 | 17 |
| 20 Palacios, Malia | Long Beach | 20:48.00 | 18 |
| 21 Villanueva, Jacquiline | Mt. Sac | 20:58.00 | |
| 22 Pina, Brenda | Mt. Sac | 21:02.00 | |
| 23 Read, Abigail | Pasadena | 21:04.00 | 19 |
| 24 Hernandez, Pam | Mt. Sac | 21:06.00 | |
| 25 Nunez, Rebecca | Pasadena | 21:12.00 | 20 |
| 26 Freerksen, Briana | Cerritos | 21:14.00 | 21 |
| 27 Gallegos, Selena | Cerritos | 21:17.00 | 22 |
| 28 Naranjo, Laura | Mt. Sac | 21:22.00 | |
| 29 Mejia, Cassie | Cerritos | 21:23.00 | 23 |
| 30 Morgan, Ashely | Mt. Sac | 21:26.00 | |
| 31 Sandoval, Ariana | Cerritos | 21:40.00 | 24 |
| 32 Conde, Arielly | LA Trade Tech | 21:57.00 | 25 |
| 33 Khalil, Nicole | Mt. Sac | 22:17.00 | |
| 34 Murillo, Eliana | East LA | 22:26.00 | |
| 35 Taylor, Belva | Cerritos | 22:27.00 | 26 |
| 36 Hernandez, Ashley | Pasadena | 22:32.00 | 27 |
| 37 Bell, Danielle | Long Beach | 22:46.00 | 28 |
| 38 Mcdole, Emily | Long Beach | 22:47.00 | 29 |
| 39 Kalmar, Kara | El Camino | 23:15.00 | 30 |
| 40 Morales, Marissa | Pasadena | 23:20.00 | 31 |
| 41 Shaw, Deborah | Long Beach | 23:22.00 | 32 |
| 42 Rivas, Desirae | Cerritos | 23:46.00 | |
| 43 Montenegro, Jacqueline | Cerritos | 23:49.00 | |
| 44 O'Rourke, Megan | El Camino | 23:55.00 | 33 |
| 45 Roche, Britney | Long Beach | 24:17.00 | 34 |
| 46 Magana, Brenda | El Camino | 24:23.00 | 35 |
| 47 Del Castillo, Melissa | Cerritos | 24:32.00 | |
| 48 Wharton, KayC | El Camino | 25:15.00 | 36 |
| 49 Perez, Grecia | East LA | 25:27.00 | |
| 50 Jacho, Misheal | Cerritos | 26:13.00 | |
| 51 Gerardo, Brandi | East LA | 27:31.00 | |
| 52 Jenkins, Diana | El Camino | 28:48.00 | 37 |

South Coast Conference Championships - 10/31/2009
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Rankings

....Event 1 Women 5k Run CC

Team Scores

| Rank | Team | Total | 1 | 2 | 3 | 4 | 5 | *6 | *7 | *8 | *9 |
|------|--|-------|----|----|----|----|----|----|----|----|----|
| 1 | Mt. Sac Total Time: 1:37:18.00 Average: 19:27.60 | 23 | 1 | 2 | 5 | 7 | 8 | 12 | 14 | | |
| 2 | LA Trade Tech Total Time: 1:41:45.00 Average: 20:21.00 | 64 | 4 | 6 | 13 | 16 | 25 | | | | |
| 3 | Cerritos Total Time: 1:44:06.00 Average: 20:49.20 | 85 | 9 | 10 | 21 | 22 | 23 | 24 | 26 | | |
| 4 | Pasadena Total Time: 1:44:22.00 Average: 20:52.40 | 86 | 3 | 17 | 19 | 20 | 27 | 31 | | | |
| 5 | Long Beach Total Time: 1:50:13.00 Average: 22:02.60 | 122 | 15 | 18 | 28 | 29 | 32 | 34 | | | |
| 6 | El Camino Total Time: 1:57:03.00 Average: 23:24.60 | 145 | 11 | 30 | 33 | 35 | 36 | 37 | | | |